



RCTC Senior Programs
 851 30th Avenue SE
 Rochester, MN 55904-4999

Address Service Requested

NON-PROFIT
 ORGANIZATION
 US POSTAGE PAID
 PERMIT 273
 ROCHESTER
 MN 55901

LIFE

Spring - 2020

Learning Is ForEver
Providing adult education, insight, and engagement

www.learningisforever.net | facebook.com/RCTCLIFE
 For program information, please phone 507-280-3157

Supported by Rochester Community and Technical College



MINNESOTA STATE

*Rochester Community and Technical College,
 A member of Minnesota State*

WWW.RCTC.EDU | 1-800-247-1296 | Equal Opportunity Employer/Educator
RCTC provides accessible, affordable, quality learning opportunities to serve a diverse and growing community

Letter from the LIFE Chair



The Polar Bears Have Left the Building!

Last quarter we noticed over 80 class comments containing the word COLD! The classes involved were in our big room, H1100. Hmm. Let's take care of that. We called the maintenance folks at RCTC and they went to work over the holiday break, and as a consequence, the polar bears who had been living in that room left. I think they were taken back up north by Melonie Shipman, our favorite animal expert, and are living a much more appropriate existence. Hopefully, you will be able to concentrate on our speakers much better when you are not shivering! Do continue to bring a sweater or jacket if you are skeptical. Thanks to Chrisanne and the Facilities' crew at the College!

Again, in the Fall 2019 quarter, we continued to see good numbers as far as attendance. We are getting too big for our classroom (H1415) in many of our classes! We consider that a plus for the LIFE program! Hopefully the word is getting out as you tell your friends and family. It's always great to see new faces as well as those who we know. Perhaps you have recently been to a class where we had to bring in folding chairs. Many times it is possible to change to a bigger room if we know there are more people coming. So we encourage people to sign up for the classes in advance so we can prepare for more people. Obviously things come up, and in those cases we will always welcome everyone. If the weather prevents you from coming, the classes are often rescheduled to a nicer date! And, hopefully, as I understand, the Polar Vortex has cancelled its visit to Southeastern Minnesota this year. So page through the Spring 2020 Catalog, and decide what you want to learn as the weather gets nicer and the sun comes back. So many things to anticipate as we mosey into spring.



-Pamela Haase, LIFE Board Chair



Colleen Arnold Janet Bartz Jane Callahan Peg Farrell Steve Frytak Tom Gaffey Jane Hallman Judy Haugen Chad Israelson	LIFE Advisory Board Officers Pamela Haase Chair Julie Stenehjem Vice Chair Frank Iossi Secretary	Walt Menning Judy Pease Maureen Plitzuweit Pixy Russell Chuck Stupca Steve Troutman Bill Wiktor Mary Wilson
--	---	--

Registration Information



Cost / LIFE Membership

All individuals participating in LIFE classes are required to either be LIFE members or pay an increased fee as a non-member. Membership for the year is **\$25** per person and is in effect August 1 through July 30 each academic year. An additional fee is charged per course or event. Anyone is welcome to join. The only prerequisite is an active interest in learning. There are no educational requirements, no term papers, no tests—everyone succeeds!

All ages are welcome! Gift Certificates are Available!

Faculty

Various courses are led by professional educators, community leaders, and peer volunteers.

Location

LIFE holds classes in comfortable classrooms at the Heintz Center, 1926 College View Drive S.E., in Rochester. The parking is free and very accessible. Small class sizes promote friendly exchanges and quality instructor contact.

Registration

To register for any of the activities in this catalog

- * Return the registration form by mail to LIFE, 851 - 30th Avenue S.E.-Box 50 Rochester, MN 55904-4999 – **CHECK PAYMENT TO 'RCTC LIFE' REQUIRED.**
- * Bring registration to the LIFE Office at Heintz Center, 1926 Collegeview Rd SE, Rm. H1305 —**CHECK PAYMENT TO 'RCTC LIFE' REQUIRED.**
- * **Online registration is now available for LIFE members only with credit card payments!!** Please call (507) 280-3157 for more information.

Cancellation and Refund Policy

Class refunds: will only be given **5 business days prior** to the class start date—a \$5 processing fee will be charged. **Trip Refunds:** There will be a 10% processing fee for trips canceled prior to the “no refunds after” date. There will be no refunds for trips after the “no refunds after” date. In the event that a class is canceled due to low enrollment or instructor conflict, refunds will be processed in full. **If Rochester Public Schools or RCTC classes are canceled due to weather, all LIFE classes are canceled.** We make every effort to reschedule classes canceled by the weather. LIFE annual membership fees are non-refundable.

Contact Information:

(507) 280-3157
 chrisanne.pieper@rctc.edu

One-Day Trips



"Come From Away" at the Orpheum Theatre

The true story of the small town that welcomed the world. Broadway's COME FROM AWAY has won Best Musical all across North America! The show takes you into the heart of the remarkable true story of 7,000 stranded passengers and the small town in Newfoundland that welcomed them. Cultures clashed and nerves ran high, but uneasiness turned into trust, music soared into the night, and gratitude grew into enduring friendships. Don't miss this breathtaking new musical written by Tony® nominees Irene Sankoff and David Hein, and helmed by 2017 Tony®-winning Best Director, Christopher Ashley. Newsweek cheers, "It takes you to a place you never want to leave!" On 9/11, the world stopped. On 9/12, their stories moved us all. Fee includes coach transportation and main floor theatre ticket. **No refunds after April 10.**

Location: Northrop School-Parking Lot

Date(s): Sunday, August 23 **Time(s):** 11 am-5:30 pm **Member Fee:** \$86



Spring 2020 LIFE Classes



Community

Spring Dinner: Samantha (Rastles) the Woman Question 9
 Jeremiah Program: Ending the Cycle of Poverty 23
 How to Keep Your Money in the Community 28

Current Affairs

GD 2020 Discussion: Modern Slavery/ Human Trafficking 7
 Cyber Conflict: Boogeyman Is Real 13
 Philippines: Past, Present, Future ... 14
 GD 2020 Discussion: U.S. Relations with the N. Triangle 19
 State of US Diplomacy, a view from the inside 30
 The April Fool's Crisis 31
 Red Sea Security 32
 Human Trafficking/Modern Security 33
 GD 2020 Discussion: China's Road Into Latin America 36
 Headliners 37
 Africans in N. America 500 Years of Contributions 38
 GD 2020 Discussion: Philippines/U.S. 45
 GD 2020 Discussion: Artificial Intelligence & Data 48

History

Minnesota in the Vietnam War 4
 General/President Dwight Eisenhower 10
 Theodore Roosevelt Exploration of Ethics 11
 The Kensington Rune Stone 12
 Helen Keller: "A Life Nearly Lost" 16
 Sari (Ma) Semple: "The Truth, As I Recollect" 18
 Medieval Churches of England 21
 The Gilded Age 26
 Inside FDR/National Park Service.. 27
 Ojibwe Seasonal Life 35
 150 Years of Immigration in Olmsted County 40
 Andrew Talcott's 1819-1820 Exploration 42

Mount Rushmore: Carving an Icon 44
 Steamboating on the Upper Mississippi River 47
 Rochester's Toaster Museum 49
 Lewis & Clark-Corp of Discovery .. 50

Humanities & the Arts

Woman's World: Women Artists in Russia 6
 Salt, Samovars, Seasons: Russian Celebrations 6
 Spring Movie--Singing Revolution 8
 The Spirit of Us 17
 Beatles--Stories Behind the Songs .. 22
 Philosophical Issues Around Death 43

Literature

LIFE Book Group 15

Nature & Ecology


Nature Journaling 5
 Hummingbird Biology & Attracting Them 20
 Invasion of the Earthworms 24
 400 Years of Fire & Wind in the BWCAW 25
 Great Horned Owl Soap Opera 29
 Disappearing Lake Pepin/Impacts .. 34

LIFE Only One-Day Trip

"Cabaret" at the Guthrie Theater 53

One-Day Trips

"Runestone! A Rock Musical" at History Theatre 39
 "Breaking Up is Hard to Do" at Ives Auditorium 41
 "Music Man" at the Chanhassen 46
 "Million Dollar Quartet" at Old Log Theatre 51
 "Summer: The Donna Summer Musical" at the Orpheum 52
 "Come From Away" at Orpheum 54

PLEASE NOTE:
 LIFE MEMBERSHIPS
 ARE RENEWED EVERY AUGUST.
 MEMBERSHIPS EXPIRE IN JULY.
 ROUTE 3 for City Bus

History



Minnesota in the Vietnam War

2018 was the 50th anniversary of the TET OFFENSIVE during the Vietnam War. Even though it was a major defeat for the Communist forces, it was a turning point in the conflict because it turned a large portion of the American public against war. Controversy continues to swirl around America's involvement in the Vietnam conflict. Who were the Vietnamese and what was their fight all about? How did the United States get into the war? What were the strategic, diplomatic and domestic factors that determined the way we fought the war? The Vietnam War, the longest in American history, cost the nation 56,000 lives, 300,000 wounded, 1,200 missing in action, and \$141 billion. Unlike previous wars where returning GIs came home to a grateful nation, Vietnam veterans were at best ignored and at worst shunned and sometimes persecuted for their service. Many years would pass before Americans would show their appreciation for the sacrifices made by these veterans, finally reversing the shameful treatment they previously had endured. This multimedia presentation will use power-point, video, music, drama, role-playing and living history experiences, to give us an understanding of this turbulent time. The presenter will describe the increasing commitment of each of five American presidents, the rising antiwar protests at home and eventual U.S. withdrawal from Vietnam, and the lingering tragic effects of a war that had never been declared.



Instructor: Arn Kind

Location: Heintz Center Rm. H1100

Date(s): Tuesday, April 1 **Time(s):** 1-3 pm **Session(s):** 1

Member Fee: \$19 **Non-Member Fee:** \$29

Arn Kind has been an educator for 40 years. He is a member of the First Minnesota Volunteer Infantry Regiment; a reenactment group based out of Fort Snelling. Because this group is noted for its authenticity, they have appeared in many documentaries and historical feature films such as The Blue and the Gray, North & South, Glory, Gettysburg, Dances With Wolves, and Gods and Generals. Arn brings this authenticity to his presentations. A very important part of Arn's presentations are the artifacts, uniforms and equipment that students will be able to observe, handle, and interact with as part of their hands-on experience in living the history.

LIFE Only One-Day Trip



"Cabaret" on the Wurtele Thrust Stage at the Guthrie Theater

Inside Berlin's seedy Kit Kat Klub, a flamboyant Master of Ceremonies invites patrons to partake in a decadent underworld of musical numbers, kick lines, and torrid affairs — a welcome escape from the ever-growing Nazi influence just outside its doors. As the political unrest nears a tipping point, the beautiful life the cabaret promises slowly begins to fade, putting love, friendship, and loyalties to the test. This Tony Award-winning sensation, featuring hits such as "Willkommen," "Don't Tell Mama," and "Cabaret," is a daring and dazzling musical you won't want to miss. Fee includes coach transportation, theatre ticket in the McGuire Proscenium Stage, and lunch (choice of Seasonal Fish with Vegetable and Side; Sea Change Burger and Side; or Vegetarian Quiche with Mixed Greens along with coffee, tea or fountain soda, and chocolate dessert) at the Guthrie's Sea Change Restaurant and Bar. **No refunds after June 1.** This trip is not co-sponsored with Community Education—there is a non-member fee.

Location: RCTC Regional Sports Center-Parking Lot

Date(s): Wednesday, July 22 **Time(s):** 9:45 am-5:30 pm

Member Fee: \$96 **Non-Member Fee:** \$99



One-Day Trips



"Summer: The Donna Summer Musical" at the Orpheum Theatre

She was a girl from Boston with a voice from heaven, who shot through the stars from gospel choir to dance floor diva. But what the world didn't know was how Donna Summer risked it all to break through barriers, becoming the icon of an era and the inspiration for every music diva who followed. Featuring more than 20 of Summer's classic hits including "Love to Love You Baby," "Bad Girls" and "Hot Stuff." Fee includes coach transportation and main floor theatre ticket. Bring a lunch. **No refunds after April 25.**

Location: Northrop School-Parking Lot

Date(s): Sunday, July 19 **Time(s):** 11 am-5:30 pm

Member Fee: \$92



Nature and Ecology



Nature Journaling

Do you enjoy nature? Do you like to observe nature while you are gardening, hiking, or traveling? Nature journaling will help you get more out of your nature experiences. You improve your observation skills by learning simple drawing techniques, learn how to incorporate words, and simple ways to use color to describe nature. We will also explore many different styles of journaling to help you create your unique style. Drawing skills are not required. The first session will be held inside, the second will be outside. A \$10 supply fee will be collected at the first session.

Instructor: Deb Mowry

Location: Heintz Center Rm. H1415

Date(s): Fridays, April 3, 17 **Time(s):** 1-3 pm **Session(s):** 2

Member Fee: \$19 **Non-Member Fee:** \$29



Deb Mowry, former physician and educator, enjoys nature journaling to increase learning and memories of the outdoors. She recently attended the first ever nature journaling conference in California.

Humanities and the Arts



Woman's World: Women Artists in Russia

Where in the world are the women artists? The answer: In Russia. This presentation traces the ways in which women artists were vital to the development of their culture's visual artistry. Textile artists, painters, folk artists and non-conformist women contributed both to their own country and to the international scene.



Instructor: Carol L. Veldman Rudie

Location: Heintz Center Rm. H1415

Date(s): Mon, April 6 **Time(s):** 10 am-Noon **Session(s):** 1

Member Fee: \$15 **Non-Member Fee:** \$25

Salt, Samovars, Seasons: An Overview of Russian Celebrations

Each culture has its own series of celebrations and unique customs around the special events of life. The rhythm of those shape the year and even the day of participants in the Russian experience. This presentation highlights just a few as it offers a background understanding to some of the key cultural experiences celebrated both during special times of the year and in ordinary life.



Instructor: Carol L. Veldman Rudie

Location: Heintz Center Rm. H1415

Date(s): Monday, April 6 **Time(s):** 1-3 pm **Session(s):** 1

Member Fee: \$15 **Non-Member Fee:** \$25

Carol Veldman Rudie is the lead docent and the coordinator of outreach education at The Museum of Russian Art in Minneapolis. She regularly leads classes and speaks on topics of Russian art. A former college teacher, she has done PhD work at the University of Minnesota in English literature and art history.

One-Day Trips



"Million Dollar Quartet" at the Old Log Theatre

The Tony® Award-nominated musical MILLION DOLLAR QUARTET is set on December 4, 1956, when an extraordinary twist of fate brought Johnny Cash, Jerry Lee Lewis, Carl Perkins and Elvis Presley together at Sun Records in Memphis for what would be one of the greatest jam sessions ever. MILLION DOLLAR QUARTET brings that legendary December night to life with an irresistible tale of broken promises, secrets, betrayal and celebrations that is both poignant and funny. Relive the era with the smash-hit sensation featuring an incredible score of rock 'n' roll, gospel, R&B and country hits, performed live onstage by world-class actors and musicians. Showcased hit songs include "Blue Suede Shoes," "Fever," "Walk the Line," "Sixteen Tons," "Who Do You Love?," "Great Balls of Fire," "Folsom Prison Blues," "Whole Lotta Shakin' Goin' On," "Hound Dog," and more. Fee includes coach transportation, theatre ticket, and lunch (choice of: braised boneless short rib, seared pork chop with bacon port demi glaze, dill roasted tilapia with lemon, or angel hair pasta with garden marinara; all served with potatoes, seasoned vegetables, dinner rolls, coffee/tea, and dessert). **No refunds after April 1.**

Location: RCTC Regional Sports Center-Parking Lot

Date(s): Wednesday, June 10 **Time(s):** 10 am-6 pm

Member Fee: \$87



History



Lewis and Clark and the Corp of Discovery

In 1803 President Thomas Jefferson probably made the best real estate deal in American history with the Louisiana Purchase. This was a bold acquisition that doubled the size of the country and needed exploring. Jefferson turned to Meriwether Lewis and William Clark for this mission. Their primary objective was to find the long sought after waterway to the Pacific, called the “Northwest Passage”, and although this was a major objective, it was not the only one, and this part of the story created an intriguing adventure with Nature, Native Americans and other Nations. This lecture will highlight their objectives, and look at what the “Corp of Discovery” accomplished, and the impact it has had on the nation. A recommended reading list and handout will be provided, and there will be a question and answer session after the lecture.



Instructor: Bennett Smith MS

Location: Heintz Center Rm. H1100

Date(s): Tuesday, June 9 Time(s): 2-4 pm Session(s): 1

Member Fee: \$15 Non-Member Fee: \$25

Bennett Smith is an instructor in history and political science at North Iowa Area Community College. He is also an instructor in various lifelong learning programs including the NIACC lifelong Learning Institute; the Osher Lifelong Learning Institute at Iowa State University and the LIFE program at Rochester Community and Technical College in Rochester, Minnesota. He holds a Bachelor of Science degree in speech communication and a Master of Arts degree in history from Iowa State University. He has also done graduate work at the University of Iowa in Social Foundations of Education. He is from Clear Lake, IA and currently serves on its City Council.

Current Affairs

Great Decisions 2020 Discussion Group Topic: Modern Slavery and Human Trafficking

Almost every nation has enacted laws criminalizing human trafficking, and international organizations, governments, and NGOs sponsor a large variety of projects to curb trafficking and slavery. Billions of dollars have been allocated to these efforts. What is the international community doing to combat slavery and trafficking? What are the experiences like for those being trafficked?

Instructor: Steve Troutman

Location: Heintz Center Rm. H1203

Date(s): Tue, April 7 Time(s): 3:15-5:15 pm Session(s): 1

Member Fee: \$10 Non-Member Fee: \$15



Stephen Troutman is a Futurist and frequent speaker on a number of diverse topics. At IBM for 33 years, Steve retired as an Executive Consultant in 2010. In the US Navy Reserve for 23 years, he was Commanding Officer of four units, and attained the rank of Captain. He has been a Futurist since 1999. He is an active volunteer serving on several Boards and as a SCORE Mentor to small business. He currently serves on the Advisory LIFE Board.

Humanities and the Arts



Spring Movie--The Singing Revolution

Between 1986 and 1991, the people of Estonia protested against their Soviet occupiers in large rallies. Although these protests were fundamentally peaceful, the Estonians used a weapon powerful enough to rattle an empire: song. Patriotic songs, to be precise, which the Soviets had outlawed in Estonia. Thousands upon thousands would assemble to sing in defiance. This documentary unveils the story of a population that stood up against their oppressors with nothing but their voices and their pride.

Location: Heintz Center Rm. H1100

Date(s): Wed, April 8 Time(s): 1-3 pm Session(s): 1

Member Fee: No Charge Non-Member Fee: \$3



www.learningisforever.net

History



Rochester's Toaster Museum

The Jones' call the building the toasters are in the Toaster Shed. It contains 1100 toasters, (mostly American) and lots of toaster related items. Example: Toast racks and coffee pots and waffle irons that are made by the same companies. We started the collection in 1993. It started with a toaster Maynard bought at an auction. Then the Post Bulletin had an article about that toaster. And the Jones' thought it was a good find so started adding to the collection. Then they heard about the toaster organization. And discovered there are endless toasters out there. They belong to an international toaster organization and have held the annual convention in Rochester two times. The building that houses the collection was built by Maynard. He is a carpenter and a lot of the materials in the building are recycled from projects he has done. The Minnesota company that manufactured the first pop up toaster has a Rochester connection. **You will need to provide your own transportation to the Jones' home.**



Instructors: Marlys and Maynard Jones

Location: 3160 Marion Rd SE

Date(s): Wed, June 3 Time(s): 10-11 am and 10:15-11:15 am

Session(s): 1

Member Fee: \$6 Non-Member Fee: \$9

Marlys and Maynard have lived in Rochester all their married life, 61 years in June. Maynard was a self employed carpenter and Marlys worked at Norwest Bank (now Wells Fargo) Maynard built the house and many buildings that are on their property. They collect many other things besides toasters. The toasters are their biggest collection and what has made them famous.

Current Affairs



Great Decisions 2020 Discussion Group Topic: Artificial Intelligence and Data

Policymakers in many countries are developing plans and funding research in artificial intelligence (AI). Global growth is slowing, and not surprisingly, many policymakers hope that AI will provide a magic solution. The EU, Brazil, and other Western countries have adopted regulations that grant users greater control over their data and require that firms using AI be transparent about how they use it. Will the U.S. follow suit?

Instructor: Steve Troutman

Location: Heintz Center Rm. H1203

Date(s): Tue, June 2 Time(s): 3:15-5:15 pm Session(s): 1

Member Fee: \$10 Non-Member Fee: \$15



Stephen Troutman is a Futurist and frequent speaker on a number of diverse topics. At IBM for 33 years, Steve retired as an Executive Consultant in 2010. In the US Navy Reserve for 23 years, he was Commanding Officer of four units, and attained the rank of Captain. He has been a Futurist since 1999. He is an active volunteer serving on several Boards and as a SCORE Mentor to small business. He currently serves on the Advisory LIFE Board.

Community



Samantha (Rastles) the Woman Question

In 2020, the nation will be commemorating the 100th anniversary of the 19th Amendment to the Constitution, granting U.S. women the right to vote. LIFE celebrates this important centennial with "Samantha 'Rastles' the Woman Question." Samantha's dry wit as she "soars into eloquence" on the need for women's suffrage. Jane portrays farm wife and rustic philosopher Samantha Smith Allen as she "rastles" with questions concerning history's treatment of women, rights denied by the church, women's powerlessness before the law, the need for women's suffrage, social status, role assumptions, and more. Samantha challenges the status quo and plants herself squarely on the side of sensible women's rights. Dinner will include a choice of Chicken, Braised Beef, Vegetarian, Mashed potatoes, Brussel sprouts w/ bacon, and election cake. **Deadline to register: April 1.**

Instructor: Jane Curry

Location: Rochester Event Center, 7333 Airport View Dr SW

Date(s): Thursday, April 9 Time(s): 6-8 pm Session(s): 1

Member Fee: \$29 Non-Member Fee: \$39



Jane Curry is an author, storyteller, performer, and recovering academic with a knack for provoking both thought and laughter with her one-woman shows. Since 1983, she has traveled with her various personae to forty-eight states, Israel and Japan. Performed with the Minnesota Chautauqua circuit and has published the following books: "THE RIVER'S IN MY BLOOD: RIVER-BOAT PILOTS TELL THEIR STORIES," "SAMANTHA RASTLES THE WOMAN QUESTION," and "MARIETTA HOLLEY."

History



General and President Dwight Eisenhower in War and Peace

Dwight David Eisenhower served America in war and peace, and as U.S. President in a life-span from 1890-1969. "Ike" faced challenges in war against Hitler's Germany; presidential diplomacy and domestic politics in the Cold War with the Soviet Union, China, and Korea; and domestic stability and discord; and his post-presidency and legacy will be assessed.

Instructor: Tom Ostrom, Professor Emeritus, RCTC

Location: Heintz Center Rm. H1415

Date(s): Monday, April 13 Time(s): 1-3 pm Session(s): 1

Member Fee: \$13 Non-Member Fee: \$21



Ostrom is a retired RCTC instructor of geography, history and anthropology; a former member of the U.S. Coast Guard Reserve; an author of books on naval and coast guard history; and a political commentator on KROC-AM Radio. He has taught several LIFE classes.

LIFE Program scholarships are available!

Please call 280-3157.

History



Steamboating on the Upper Mississippi River (during the Golden Age to the Civil War)

We will look at the origins of steamboating on the Mississippi above St. Louis, design and construction of steamboats, and learn about true stories of steamboat Racing, Fire, Explosion as well as some of the humor that has inspired many books about the river. Your guide will be the character of George Byron Merrick (1841 - 1931) steamboat cub pilot, raised on the river at Prescott, Wis.

Instructor: Robert Taunt

Location: Heintz Center Rm. H1100

Date(s): Thu, May 28 Time(s): 9:30-11:30 am Session(s): 1

Member Fee: \$19 Non-Member Fee: \$29



Robert Taunt is from La Crosse. Bob is a local historian, writer, and photographer, who has studied and helped preserve local history for more than 25 years. He is a past president of the La Crosse County Historical Society, and a past board member of many years. Bob has ridden the boats, steered the Julia Belle Swain, and shared steamboat history with many folks at National, State, and local historical sites.

One-Day Trips



"Music Man" at the Chanhassen Dinner Theatre

A fun and transformative story, The Music Man is family entertainment at its best! This musical theatre classic features songs like "(Ya Got) Trouble," "Seventy-Six Trombones," "The Wells Fargo Wagon," "Till There Was You," "Gary, Indiana" and more! Meredith Willson's six-time, Tony Award-winning musical comedy has been entertaining audiences since 1957 and is a family-friendly story to be shared with every generation. The Music Man follows fast-talking traveling salesman, Harold Hill, as he cons the people of River City, Iowa into buying instruments and uniforms for a boys' band that he vows to organize – this, despite the fact that he doesn't know a trombone from a treble clef. His plans to skip town with the cash are foiled when he falls for Marian, the librarian, who transforms him into a respectable citizen by curtain's fall. Fee includes coach bus transportation, theatre ticket and lunch (choice of seven entrees). **No refunds after March 5.**

Location: RCTC Regional Sports Center-Parking Lot

Date(s): Wednesday, May 27 **Time(s):** 9:30 am-5:30 pm

Member Fee: \$96



History



Theodore Roosevelt Exploration of Ethics in Government, a Perspective

Some critics call Theodore Roosevelt and Woodrow Wilson the most destructive Presidents to the role, over stepping boundaries intended by the Constitution. We will explore these comments and the ethics of Theodore Roosevelt and his use of power while President and how it influences today. Emphasis will be made on his policies and the issues of the day, with examining parallels for today from class participation.

Instructor: Adam Lindquist

Location: Heintz Center Rm. 1418

Date(s): Tue, April 14 **Time(s):** 1-2:30 pm **Session(s):** 1

Member Fee: \$15 **Non-Member Fee:** \$25



Adam Lindquist is a 3-time National Champion living History performer who portrays Roosevelt across the country to over 125,000 people annually. His work sends him to schools, colleges, Washington D.C and more. Adam's uncanny resemblance and portrayal of our 26th President will bring the man to life in this fun, educational, and entertaining course.

History



The Kensington Rune Stone

The Kensington Rune Stone has been controversial since it was first made public in 1898. Articles appear on a regular basis attempting either to prove or disprove the authenticity of the stone. This class will briefly examine the history of the Kensington Rune Stone and then look at the text of the stone itself for evidence of the likelihood that it is a genuine article.

Instructor: Bill Bakken MA

Location: Heintz Center Rm. 1415

Date(s): Wed, April 15 Time(s): 10-11 am Session(s): 1

Member Fee: \$5 Non-Member Fee: \$7



After retirement from IBM, Bill attended Minnesota State University Mankato and received an MA in History in 1996. His focus of study was Anglo-Saxon and Anglo-Norman England. He taught a wide selection of history courses at Rochester Community and Technical College as a part-time instructor from 1996 until retirement in 2008 and a wide variety of LIFE classes since. His interests include reading science fiction, adventure, and Biblical History, research and collection of North Dakota Pottery and snorkeling and underwater photography.

Current Affairs



Great Decisions 2020 Discussion Group Topic: The Philippines and the U.S.

The Philippines has had a special relationship with the United States since the islands were ceded by Spain to the United States after the Spanish-American War at the end of the 19th century. However, since the election of Rodrigo Duterte, the country has pivoted more toward China, and away from the U.S. Duterte has also launched a large-scale war on drugs that many criticize for its brutality. What does the future hold for U.S. relations with the Philippines?

Instructor: Steve Troutman

Location: Heintz Center Rm. H1203

Date(s): Tues, May 19 Time(s): 3:15-5:15 pm Session(s): 1

Member Fee: \$10 Non-Member Fee: \$15



Stephen Troutman is a Futurist and frequent speaker on a number of diverse topics. At IBM for 33 years, Steve retired as an Executive Consultant in 2010. In the US Navy Reserve for 23 years, he was Commanding Officer of four units, and attained the rank of Captain. He has been a Futurist since 1999. He is an active volunteer serving on several Boards and as a SCORE Mentor to small business. He currently serves on the Advisory LIFE Board.

History



Mount Rushmore: Carving of an Icon

Today, more than 2 million people each year visit Mount Rushmore in the Black Hills of South Dakota. Fourteen years, four hundred workers, 450,000 tons of rock, nearly one million dollars. Those are some of the statistics behind the carving of Mount Rushmore. The story is even more interesting.

Instructor: David E. Jones

Location: Heintz Center Rm. H1415

Date(s): Monday, May 18 **Time(s):** 1-2:30 pm **Session(s):** 1

Member Fee: \$10 **Non-Member Fee:** \$15



David Jones, a resident of Minneapolis, has been presenting on historical topics to a wide range of audiences since 1996. He has made more than 750 presentations to over 20,000 people. He is a native of St. Peter, MN and a graduate of Gustavus Adolphus College.

Current Affairs



Cyber Conflict: The Boogeyman Is Real, and He Is In Your Phone

Nation-states no longer have to rely on conventional military means to get what they want in conflict with others; they can attack an opponent's technological infrastructure through cyberwarfare with debilitating effects. But nation-states are not the only actors whose security is at risk, nor are they the only actors in this new form of conflict. Individuals and groups of individuals can also be both the perpetrators and targets of malicious intent, and the consequences of their actions are real. Will the planned global rollout of the 5G network enhance or compromise security, and how is it related to contemporary international relations?



Instructor: Richard Leitch PhD

Location: Heintz Center Rm. H1100

Date(s): Thu, April 16 **Time(s):** 10 am-Noon **Session(s):** 1

Member Fee: \$15 **Non-Member Fee:** \$25

Dr. Richard Leitch earned his BA in East Asian Studies from Colby College in 1985, and went on to earn an MA in Asian Studies from the University of Illinois, Urbana-Champaign after a two year career on Wall Street. He earned his Ph.D. in Political Science from Illinois in 1995, where he was the recipient of the Harriet and Charles Luckman Award for Distinguished Undergraduate Teaching, and the College of Liberal Arts Award for Distinguished Teaching by a Graduate Assistant. He has been a member of the Political Science Department at Gustavus since 1996, where he teaches courses in International Relations, Comparative Politics, Asian Politics, Environmental Politics, and the Politics of Poverty. In 2000 he received the Swenson-Bunn Award for Teaching Excellence at Gustavus, and in 2008 the Edgar M. Carlson Award for Distinguished Teaching. In 2012 he was included in The Princeton Review's The Best 300 Professors.

Current Affairs



The Philippines: Past, Present, and Prognostications of the Future

The Philippines comprises more than 7,000 islands of diverse peoples who have experienced profound shifts in government rule over more than a century. In brief, the US replaced Spain as colonial administrators at the end of the 19th century, a period usurped by Japanese occupation during World War II, followed by postwar independence and the Cold War despotic rule of Ferdinand Marcos, the appearance of a fledgling Aquino(s) democracy, and at present the strongman rule of Duterte. What are the pressing domestic and international issues facing this nation-state archipelago?



Instructor: Richard Leitch PhD

Location: Heintz Center Rm. H1415

Date(s): Thursday, April 16 Time(s): 1-3 pm Session(s): 1

Member Fee: \$15 Non-Member Fee: \$25

Dr. Richard Leitch earned his BA in East Asian Studies from Colby College in 1985, and went on to earn an MA in Asian Studies from the University of Illinois, Urbana-Champaign after a two year career on Wall Street. He earned his Ph.D. in Political Science from Illinois in 1995, where he was the recipient of the Harriet and Charles Luckman Award for Distinguished Undergraduate Teaching, and the College of Liberal Arts Award for Distinguished Teaching by a Graduate Assistant. He has been a member of the Political Science Department at Gustavus since 1996, where he teaches courses in International Relations, Comparative Politics, Asian Politics, Environmental Politics, and the Politics of Poverty. In 2000 he received the Swenson-Bunn Award for Teaching Excellence at Gustavus, and in 2008 the Edgar M. Carlson Award for Distinguished Teaching. In 2012 he was included in The Princeton Review's The Best 300 Professors.

Humanities and the Arts



Philosophical Issues Surrounding Death

In this class, we'll talk about some philosophical puzzles concerning death. In particular, we'll be thinking hard about questions such as the following:

1. What does it mean to die? How we can define death?
2. In what sense, if at all, is dying bad for me? After all, I won't be around to experience it!
3. Is it reasonable to believe in an afterlife?
4. Would immortality (of whatever sort) actually be a good thing?

We'll be surveying a variety of philosophical views, both ancient and modern, with an ultimate goal of understanding what's tough and interesting about these questions, and why they resist easy solutions.

Instructor: Brendan Shea PhD

Location: Heintz Center Rm. H1415

Date(s): Thursday, May 14 Time(s): 1-3 pm Session(s): 1

Member Fee: \$13 Non-Member Fee: \$21



Brendan Shea, PhD, is an Instructor of Philosophy at RCTC. He also serves as a Resident Fellow at the Minnesota Center for Philosophy at UM-Twin Cities, and as a Public Member on the Institutional Biosafety Committee at Mayo Clinic. Brendan has published numerous articles and book chapters concerning ethics, the philosophy of science, the history of philosophy, and other issues. He currently lives in Rochester with his wife Anne.

History



Andrew Talcott's 1819-1820 Exploration

Don has now written a book on this expedition from Fort Atkinson at Lewis and Clark's Council Bluff near Fort Calhoun, Nebraska to then Leavenworth's Camp Coldwater at future Fort Snelling. This is the 200th anniversary of the trip which went through Olmsted County and mapped the area between Omaha and St. Paul. They camped near the cedar river south of Austin, on Rose Creek where it crosses the interstate, on King's run in Rochester near 18th Avenue NW, Jarrett on the Pine now Zumbro River, Lake Pepin at the south edge of Lake City and were graciously welcomed by Chief Red Wing near Barnes Bluff. After two weeks at Camp Coldwater attending a wedding, meeting Michigan Territorial Governor Cass and calculating a more direct return route they followed the St. Peter River to Traverse De Sioux and back to the Fort at Council Bluff. This is not a repeat class.

Instructor: Don Borcharding

Location: Heintz Center Rm. H1415

Date(s): Wed, May 13 **Time(s):** 10 am-Noon **Session(s):** 1

Member Fee: \$13 **Non-Member Fee:** \$21



Don Borcharding is a licensed Professional Engineer and Surveyor in Minnesota and Iowa. He is a graduate of Iowa State University, retired as President of Yaggy Colby Associates, Past President of the Minnesota Society of Professional Surveyors, Emeritus.

Literature



LIFE Book Group

April's book will be "Tribe: On Homecoming and Belonging" by Sebastian Junger. May's book is "The Uninhabitable Earth: Life after Warming" by David Wallace-Wells. June's book will be "The Death of Expertise: The Campaign Against Established Knowledge and Why It Matters" by Thomas M. Nichols. The summer read for the September meeting will be "Educated: A Memoir" by Tara Westover.

Facilitator: Steve Troutman

Location: Heintz Center Rm. H1203

Date(s): Fri, April 17, May 15, June 19 **Time(s):** 10 am-Noon

Session(s): 3

Member Fee: \$10 **Non-Member Fee:** \$15



Stephen Troutman is a Futurist and frequent speaker on a number of diverse topics. At IBM for 33 years, Steve retired as an Executive Consultant in 2010. In the US Navy Reserve for 23 years, he was Commanding Officer of four units, and attained the rank of Captain. He has been a Futurist since 1999. He is an active volunteer serving on several Boards and as a SCORE Mentor to small business. He currently serves on the Advisory LIFE Board.

History



Helen Keller: "A Life Nearly Lost"

In the late nineteenth century a little girl struggled out of the depths of fear. At the age of two, Helen experienced a life threatening illness. She was plunged into a dark, silent world. For several years it seemed as though Helen's life would never improve. Anne Sullivan, a determined young teacher, would find the key to unlock Helen's prison. Through Anne's diligence and perseverance, Helen would become a world renowned speaker and advocate for the disabled. This inspirational program begins in Helen's own voice, quoting excerpts from the 1925 "Knights of the Blind" speech.

Instructor: Jessica Michna

Location: Heintz Center Rm. H1100

Date(s): Mon, April 20 Time(s): 6:30-7:45 pm Session(s): 1

Member Fee: \$10 Non-Member Fee: \$15



Jessica Michna, a recipient of the Presidential Service Center's Distinguished Service Award, has become widely known for her riveting portrayals of First Ladies, notable women of history and fictitious characters. Jessica's performances are compelling and emotionally enthralling. Audiences laugh along with her humorous anecdotes. They share in her tears as she relates how the horrors of war have impacted families. She has a powerful effect on an audience.

One-Day Trips



"Breaking Up is Hard to Do" at the Ives Auditorium in Bloomington

Lyrics by NEIL SEDAKA, HOWARD GREENFIELD, and PHILIP CODY Set at a Catskills resort in 1960, this is the sweetly comic story of Lois and Marge, two friends from Brooklyn in search of good times and romance over one wild Labor Day weekend. The score showcases 18 Neil Sedaka classics, including "Where the Boys Are", "Sweet Sixteen", "Calendar Girl", "Love Will Keep Us Together", and of course, the chart-topping title song. Fee includes coach transportation, theatre ticket, and lunch (chicken breast in herb & wine cream sauce served with parsley potatoes, seasonal vegetables, cold salad, rolls, dessert and coffee/hot tea) at the Masonic Heritage Center. **No refunds after April 3.**

Location: RCTC Regional Sports Center-Parking Lot

Date(s): Tuesday, May 12 Time(s): 10 am-5:30 pm

Member Fee: \$86



History



150 Years of Immigration in Olmsted County

Take a look back at four different groups of immigrants that have made Olmsted County and Rochester their home in the last 150 years. The presentation will compare and contrast immigrants from Northern Europe in the mid to late 1800s, the Greeks from 1920-1940, the Southeast Asians in the 1970-1990, and the recent immigrants from Somalia and other countries from 1990s to present. The lives of representative individuals from each group will be used to tell the story.

Instructor: Paul Koeller

Location: Heintz Center Rm. 1418

Date(s): Monday, May 11 **Time(s):** 1-2:30 pm **Session(s):** 1

Member Fee: \$9 **Non-Member Fee:** \$13



Paul is a retired IBMer and active Mayo Volunteer who loves researching and presenting music and local history topics. He has given numerous history presentations in Rochester and presented about twenty different rock music classes for Rochester Community Education.

Humanities and the Arts



The Spirit of Us

The Rochester Symphony caps its centennial season with a program exploring how music brings people together. Walt Whitman's poetry as set by Howard Hanson shows how America became unified. Schoenberg's A Survivor from Warsaw shows a community destroyed by violence. Beethoven's Ninth Symphony revives community with its message of all people becoming one family. Cosponsored with Rochester Community Education.

Instructor: Maestro Jere Lantz

Location: Kellogg Middle School Rm. 115 Music, 503 17th St NE

Date(s): Monday, April 20 **Time(s):** 6-7 pm **Session(s):** 1

Member Fee: \$6 **Non-Member Fee:** \$9



Looking back on having spent a third of a century at the helm of RSOC, Jere Lantz wonders both that it has been so long and that it has been so much fun. Throughout the hundreds of concerts he has led in Rochester, Lantz has shown his acumen for imaginative programming and his ability to deliver dynamic and stirring performances. In addition to his leadership in Rochester, Maestro Lantz has served in Minnesota as Music Director of the Minneapolis Pops Orchestra, Minneapolis Chamber Symphony, Kenwood Chamber Orchestra, St. Cloud Symphony Orchestra, and Minnetonka Choral Society. In addition to conducting in regions as widespread as Europe, Asia and Latin America, Lantz has led ensembles from coast to coast, including major symphonies throughout the U.S. Jere Lantz's commitment to telling "the story behind the music" shines through in his program notes for hundreds of programs as well as innumerable appearances in person and through media.

History



Sari (Ma) Semple: "The Truth, As I Recollect"

In the great oral tradition of the storyteller, Sari Semple takes us back to the foothills of the Appalachian Mountains of the mid-nineteenth century. As Sari spins her tales the listener is transported to those hills. The stories blend together the folklore and the gritty reality of life in the ridges and hollers of Appalachia. These original stories, written and performed by Jessica, are comic, dramatic and even tragic. Young and old alike will be spellbound by the rich tapestry of words woven by Sari. She is the First Lady of Appalachia.

Instructor: Jessica Michna

Location: Heintz Center Rm. H1100

Date(s): Tue, April 21 **Time(s):** 10-11:15 am **Session(s):** 1

Member Fee: \$10 **Non-Member Fee:** \$15



Jessica Michna, a recipient of the Presidential Service Center's Distinguished Service Award, has become widely known for her riveting portrayals of First Ladies, notable women of history and fictitious characters. Jessica's performances are compelling and emotionally enthralling. Audiences laugh along with her humorous anecdotes. They share in her tears as she relates how the horrors of war have impacted families. She has a powerful effect on an audience.

One-Day Trips



"Runestone! A Rock Musical" at the St. Paul History Theatre

1898: When Swedish immigrant Olof Ohman digs up a rock on his property near Kensington, Minnesota with "a story written in carved runes" that indicate that the Vikings were the first Europeans to set foot in Minnesota, he is praised for his discovery! But soon, a controversy erupts and the cries of "Fake! Fraud! Liar!" turn his life upside down. This is one of Minnesota's "craziest stories" and Jensen and Rue have created a whimsical rock & roll musical that lays out this "continuing controversy!" WHAT IS THE TRUTH? Step back in time with us and enjoy the ride! Rock on! Fee includes coach transportation, theatre ticket, and lunch at Mancini's Char House (choice of three entrees). **No refunds after April 5.**

Location: Northrop School-Parking Lot

Date(s): Thursday, May 7 **Time(s):** 8 am-4 pm

Member Fee: \$86



Current Affairs



Africans in North America 500 Years of Contributions

Learn about African Descendant people in the Revolutionary War, fur trade, exploration of Florida, settlement of the West and the efforts to end slavery in the U.S.

Instructor: Judge LaJune Thomas Lange (retired)

Location: Heintz Center Rm. H1100

Date(s): Wed, May 6 Time(s): 1-3 pm Session(s): 1

Member Fee: \$15 Non-Member Fee: \$25



Judge LaJune Lange, a retired State of Minnesota Trial Court Judge, is an internationally-recognized expert in Human Rights and International Development conducting assessments and programs in Qatar, Tanzania, Rwanda, Brazil, Malawi, Norway, Kenya, the Caribbean and other parts of the world. She is the founder and President of the LaJune Thomas Lange International Leadership Institute, she develops legal, health, and education programs while facilitating economic and intercultural exchange. Currently, she serves as Honorary Consul for South Africa, representing South Africans in Minnesota fostering partnerships and economic development. She also serves the Board of Regents of her alma mater, Augsburg College; and has served as an adjunct professor of civil and human rights at William Mitchell College of Law. She is also a senior fellow with the Roy Wilkins Center for Human Relations and Social Justice. Lange provided her expertise in constitutional development and the rule of law as a United Nations Development Program (UNDP) advisor during the Nigerian elections, provided intervention during the election crisis in Kenya, and is the first American Judge invited to participate in a judicial education program in Morocco.

Current Affairs



Great Decisions 2020 Discussion Group Topic: U.S. Relations with the Northern Triangle

Combatting illegal immigration has become a priority of the Trump administration. The Northern Triangle of Central America, made up of Honduras, El Salvador, and Guatemala, is a special target of the administration, which hold the nations responsible for the large flow of migrants from Latin America to the U.S. With funds from the U.S. cut, how can the Northern Triangle countries curtail migration?

Instructor: Steve Troutman

Location: Heintz Center Rm. H1203

Date(s): Tue, April 21 Time(s): 3:15-5:15 pm Session(s): 1

Member Fee: \$10 Non-Member Fee: \$15



Stephen Troutman is a Futurist and frequent speaker on a number of diverse topics. At IBM for 33 years, Steve retired as an Executive Consultant in 2010. In the US Navy Reserve for 23 years, he was Commanding Officer of four units, and attained the rank of Captain. He has been a Futurist since 1999. He is an active volunteer serving on several Boards and as a SCORE Mentor to small business. He currently serves on the Advisory LIFE Board.

Nature and Ecology



Hummingbird Biology and Attracting Hummingbirds to your Garden

Donald Mitchell will give a presentation about strategies for turning your yard into a hummingbird haven. He will provide specific recommendations for plants and feeders that work to attract hummingbirds to Minnesota gardens. He will also provide insights regarding hummingbird biology derived from his 20 years of studying wild hummingbirds and the plants they pollinate. These insights will help you understand why certain strategies for attracting hummingbirds work while others fail.

Instructor: Donald Mitchell MS

Location: Heintz Center Rm. H1100

Date(s): Wed, April 22 Time(s): 10-11:30 am Session(s): 1

Member Fee: \$9 Non-Member Fee: \$13



Donald Mitchell obtained an M.S. degree in Conservation Biology from the University of Minnesota and has conducted field studies of hummingbirds and the plants they pollinate in Minnesota, Wisconsin, Colorado and California. He is a federally-permitted hummingbird bander and has served as Vice President of the Minnesota Ornithologists' Union. He is a University of Minnesota Extension Master Gardener and attracts hundreds of hummingbirds annually to his garden near the Mississippi River in Red Wing, Minnesota.

Current Affairs



Headliners

LIFE "Headliners" is a discussion group where people gather to listen, to learn, and to engage in an open and thoughtful exchange of ideas, opinions, and information. It is a place to flex the brain, to find gratification in being acknowledged for what you know, and to be humbled by the knowledge of others. Please bring current newspaper/magazine topics you would like to discuss.

Instructor: Steve Frytak

Location: Heintz Center Rm. H1203

Date(s): Wed, May 6 Time(s): 10 am-Noon Session(s): 1

Member Fee: \$5 Non-Member Fee: \$10



Stephen Frytak is a retired Mayo Medical Oncologist. He currently serves on the Advisory LIFE Board.

Invite a friend to try RCTC LIFE!

All ages are welcome.

Bring a friend to any two-hour Heintz Center class for free!

Good for ONE class per new participant!

Current Affairs



Great Decisions 2020 Discussion Group Topic: China's Road into Latin America

As the Trump administration continues to withdraw from the world stage, China is looking to fill the void. How does Latin America fit into China's "One Belt, One Road" plan? How will the relationship with China affect the region? Should the U.S. be concerned about China's growing "sphere of influence?"

Instructor: Steve Troutman

Location: Heintz Center Rm. H1203

Date(s): Tue, May 5 Time(s): 3:15-5:15 pm Session(s): 1

Member Fee: \$10 Non-Member Fee: \$15



Stephen Troutman is a Futurist and frequent speaker on a number of diverse topics. At IBM for 33 years, Steve retired as an Executive Consultant in 2010. In the US Navy Reserve for 23 years, he was Commanding Officer of four units, and attained the rank of Captain. He has been a Futurist since 1999. He is an active volunteer serving on several Boards and as a SCORE Mentor to small business. He currently serves on the Advisory RCTC LIFE Board.

History



Medieval Churches of England

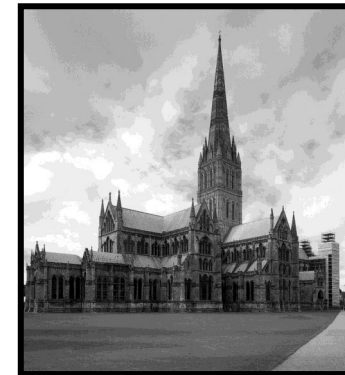
Large medieval abbey churches and cathedrals of England were first built around the time of the Norman Conquest in 1066. This great wave of building spread all over the English countryside through a number of centuries. This class will survey a number of notable examples and explore the attributes and styles that distinguish them from other large European churches of the same era.

Instructor: Ken Allsen

Location: Heintz Center H1100

Date(s): Wed, April 22 Time(s): 1-3 pm Session(s): 1

Member Fee: \$13 Non-Member Fee: \$21



Ken Allsen is a freelance architectural historian, author and artist. He has taught LIFE classes for a number of years covering topics in architectural and local history. He also volunteers at the History Center of Olmsted County, Mayo Clinic Archives and Assisi Heights.

Humanities and the Arts



The Beatles--Stories Behind the Songs

Join Paul as he uses music, lyrics, and photos to tell the stories behind some of the Beatles songs. Come find the meaning of many of their songs or add your own expertise or meanings to the songs you've been listening to for years.

Instructor: Paul Koeller

Location: Heintz Center Rm. 1415

Date(s): Thu, April 23 **Time(s):** 1-3 pm **Session(s):** 1

Member Fee: \$13 **Non-Member Fee:** \$21



Paul is a retired IBMer and active Mayo Volunteer who loves researching and presenting music and local history topics. He has given numerous history presentations in Rochester and presented about twenty different rock music classes for Rochester Community Education.

History



Ojibwe Seasonal Life

Learn the traditional ways of the Ojibwe in early Minnesota. They moved seasonally to follow food and resources to live straight from nature. This dramatically different way of life helps us compare our modern lifestyles and impact upon the environment. This program can also include fur trade history by addressing the Europeans who came for work and exploration. Fur trade presentations include manufactured goods such as kettles, blankets and fire starters that traders brought from around the world. We explore this global business that influenced both white and native cultures. While I am not American Indian, it is important to learn about the many cultures that shape MN's past and present.

Instructor: Mercedes Tuma-Hansen

Location: Heintz Center Rm. H1418

Date(s): Tuesday, May 5 **Time(s):** 1-3 pm **Session(s):** 1

Member Fee: \$15 **Non-Member Fee:** \$25



Teaching American Indian history and the environment, Mercedes Tuma-Hansen presents programs at schools, parks, museums, and as a public speaker. Starting at the Minnesota Historical Society, she developed a national award-winning museum education program. Now she has over 15 years of living history experience. Teaching about everyday life in the past and letting people try their hand at skills like birch bark basket making, net making, processing wild nuts, and creating traditional art with a modern twist gives people an opportunity to experience history. These programs engage participants in history by connecting the past to our modern lives.

Nature and Ecology



A Disappearing Lake Pepin, and Impacts on the Upper Mississippi River

Lake Pepin is disappearing from sediment accumulation that is 10x greater than normal. Annual sediment loads - equivalent to a city block filled to the height of the Foshay Tower - are wreaking havoc on communities, recreation, and fish and wildlife in Lake Pepin. There is a statewide focus to clean up the Minnesota River, which contributes 75-90% of the sediment, and yet sediment loads are not diminishing. This class will focus on how Minnesota's changing hydrology is outpacing mitigation efforts, how impairments in Lake Pepin demonstrate broader challenges on the Upper Mississippi River, and the emerging solutions that can help protect ecological systems and navigation on the river.

Instructor: Rylee Main, Executive Director, Lake Pepin Legacy Alliance

Location: Heintz Center Rm. 1415

Date(s): Monday, May 4 **Time(s):** 1-3 pm **Session(s):** 1

Member Fee: \$13 **Non-Member Fee:** \$21

Rylee is the Executive Director of the Lake Pepin Legacy Alliance, a grassroots organization dedicated to saving a disappearing Lake Pepin. She received her Master's Degree in Public Policy from the Hubert H. Humphrey School of Public Affairs, with a focus on water resources in Minnesota. In 2017 Rylee was appointed by Governor Mark Dayton to represent environmental organizations on Minnesota's Clean Water Council. Rylee currently serves as chair of the Minnesota Environmental Fund's Board of Directors and formerly served on the board of the Minnesota Conservation Federation.

Community



Jeremiah Program: Ending the Cycle of Poverty Two Generations at a Time

JoMarie will discuss the history of Jeremiah Program, the Two Generation approach to ending poverty, Jeremiah Program's 5 Pillars, and the status of Jeremiah Program's launch into South-east Minnesota.

Instructor: JoMarie Morse, Executive Director-SE MN

Location: Heintz Center Rm. H1415

Date(s): Thu, April 23 **Time(s):** 10 am-Noon **Session(s):** 1

Member Fee: \$5 **Non-Member Fee:** \$7



JEREMIAH
PROGRAM

JoMarie Leth Morris is a Magna Cum Laude graduate of Winona State University. She served as a legislative intern for Minnesota State Senator Steven Morse prior to attending William Mitchell College of Law where she graduated with honors and served as associate editor of the law review. She was a partner at Klampe, Delehanty & Morris law firm in Rochester for 18 years practicing civil litigation and immigration. She served as President of the Olmsted County Bar Association, and was an adjunct professor at Winona State University developing the curriculum and teaching Introduction to Paralegalism and Ethics. JoMarie is passionate about social justice issues and has done significant pro bono work relating to domestic abuse, sex and labor trafficking, and citizenship for refugees receiving numerous awards for her pro bono work. She is currently leading the effort to bring a Jeremiah Program to Rochester.

Nature and Ecology



Invasion of the Earthworms

Invasive earthworms from Europe change the structure of the soil by consuming the leaf litter (duff), leading to changes in availability of water and nutrients, in turn causing the plant community to change. These changes have wide-ranging cascade effects of interest to society, including impacts on forest productivity, climate change, conservation of native plants, human and crop health, and forest fires. New research on the recent Asian earthworm invasion will also be discussed.

Instructor: Lee Frelich PhD, Director of the University of Minnesota Center for Forest Ecology

Location: Heintz Center Rm. H1415

Date(s): Mon, April 27 **Time(s):** 10 am-Noon **Session(s):** 1

Member Fee: \$15 **Non-Member Fee:** \$25



Lee E. Frelich is Director of the University of Minnesota Center for Forest Ecology. He received a Ph.D. in Forest Ecology from the University of Wisconsin-Madison in 1986. Frelich has authored more than 150 publications with 160 coauthors from 19 countries, including major works for Cambridge University Press and Oxford University Press. His research has been featured in the news media hundreds of times, including such venues as The New York Times, National Geographic, Newsweek, and CBS Radio Osgood Files.

Current Affairs



Human Trafficking and Modern Security

With over forty million slaves remaining worldwide, modern slavery continues. The world has developed laws, regulations and institutions for limitation and control, but the issue continues in the United States and across the world. We will discuss the impact of trafficking and slavery and what can be done for control. It has no place in a civilized society or world, but unfortunately remains the life for millions of children, women and men.

Instructor: Todd Lefko

Location: Heintz Center Rm. H1100

Date(s): Friday, May 1 **Time(s):** 1-3 pm **Session(s):** 1

Member Fee: \$15 **Non-Member Fee:** \$25



Todd Lefko is the President of the International Business Development Council, an import-export firm. He has homes in Minnesota and Moscow and has worked in Russia for more than 25 years. His weekly articles appear in "Rossiske Vesti," a Russian political newspaper, and he is a contributor to "Rusya-Al Youm," the Russian Arabic Television channel for the Middle East. He has lectured at universities in Russia, China, Belarus, Germany, Kazakhstan, and Turkmenistan. Mr. Lefko has also taught urban affairs and sociology at the University of Minnesota, and political science, international relations, political philosophy, political campaign management, leadership, organizational development, and public administration at other Minnesota colleges. He is one of the founders and current treasurer of Global Volunteers, and has worked in villages in Jamaica, Mexico, and Guatemala. He is the group's representative at the United Nations.

Current Affairs



Red Sea Security

The Red Sea region has become a focal point of international involvement and intrigue. With almost a third of world oil shipments, the Red Sea reflects energy issues, world economics, the fight against terrorism and the growing influence of Iran in the Region. With continued tension between the United States and Iran, fights in the Horn of Africa, Yemen and the Middle East, the Red Sea is a potential ignition point for world Conflict. We will discuss the importance of the Region, the actors, the current fights and how it remains a central point for American involvement.

Instructor: Todd Lefko

Location: Heintz Center Rm. H1100

Date(s): Friday, May 1 Time(s): 10 am-Noon Session(s): 1

Member Fee: \$15 Non-Member Fee: \$25



Todd Lefko is the President of the International Business Development Council, an import-export firm. He has homes in Minnesota and Moscow and has worked in Russia for more than 25 years. His weekly articles appear in "Rossiske Vesti," a Russian political newspaper, and he is a contributor to "Rusya-Al Youm," the Russian Arabic Television channel for the Middle East. He has lectured at universities in Russia, China, Belarus, Germany, Kazakhstan, and Turkmenistan. Mr. Lefko has also taught urban affairs and sociology at the University of Minnesota, and political science, international relations, political philosophy, political campaign management, leadership, organizational development, and public administration at other Minnesota colleges. He is one of the founders and current treasurer of Global Volunteers, and has worked in villages in Jamaica, Mexico, and Guatemala. He is the group's representative at the United Nations.

Nature and Ecology



400 Years of Fire and Wind in the BWCAW

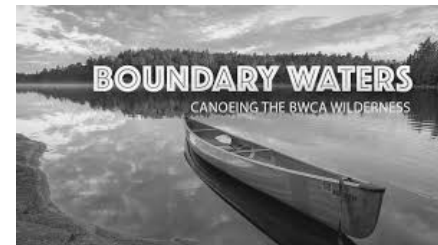
Minnesota's Boundary Waters are world famous for studies of large natural disturbances. We will examine the landscape patterns that fires have created, as well as large fluctuations in fire frequency, over the last 400 years. In recent years changing climate has resulted in new disturbance types, including the big blowdown of 1999, and the return of large fires in the 21st century. We will discuss how the forests are responding to all of these changes.

Instructor: Lee Frelich PhD, Director of the University of Minnesota Center for Forest Ecology

Location: Heintz Center Rm. H1418

Date(s): Mon, April 27 Time(s): 1-3 pm Session(s): 1

Member Fee: \$15 Non-Member Fee: \$25



Lee E. Frelich is Director of the University of Minnesota Center for Forest Ecology. He received a Ph.D. in Forest Ecology from the University of Wisconsin-Madison in 1986. Frelich has authored more than 150 publications with 160 coauthors from 19 countries, including major works for Cambridge University Press and Oxford University Press. His research has been featured in the news media hundreds of times, including such venues as The New York Times, National Geographic, Newsweek, and CBS Radio Osgood Files.

History



The Gilded Age

The Gilded Age marked the birth of modern American and laid the foundations for the country's rise in what would be known as the American Century. Mark Twain coined the term Gilded Age to describe a time period that may have seemed like an era of growth and progress, but upon further examination revealed significant flaws. Attend this class and see what parallels can be drawn between this timeframe and our own.

Instructor: Chad Israelson MA

Location: Heintz Center Rm. H1100

Date(s): Tuesday, April 28 Time(s): 9-11 am Session(s): 1

Member Fee: \$13 Non-Member Fee: \$21



Chad Israelson received his BA from the University of Wisconsin-La Crosse and his MA from the University of Nebraska. Israelson has taught at RCTC since 1996. He has also taught at UW-La Crosse, Augsburg, and Winona State. Chad won "Teacher of the Year" in 2003, 2011, and 2012. Chad recently coauthored the book "The Political World of Bob Dylan: Freedom and Justice, Power and Sin." Chad is on the Advisory RCTC LIFE Board.

Current Affairs



The April Fool's Crisis

On April 1, 2001, a US reconnaissance plane and a Chinese fighter jet collided in the skies south of China. The Chinese pilot died and the US plane made an emergency landing at a Chinese air base, where the crew was detained and the plane was thoroughly investigated. I was one of a small team sent to negotiate the return of the crew and plane. How was this crisis, just three months into George W. Bush's first term, handled? How has the US - China relationship changed since then? How might the next crisis be handled?

Instructor: Mark Canning, Retired U.S. Diplomat

Location: Heintz Center Rm. H1100

Date(s): Thursday, April 30 Time(s): 1-3 pm Session(s): 1

Member Fee: \$15 Non-Member Fee: \$25



Mark Canning was born in Munich of American parents but grew up in Minnetonka. (His dad was the Managing Editor of the Star). After graduation from college in 1977, he went overseas and only moved back last spring. Most of those 41 years were spent with the State Department as a diplomat. He lived in, and had to study the languages of, Poland, South Africa, Zambia, the Czech Republic, Hungary, Korea, and China. He also worked as a college lecturer and radio news announcer (Taiwan), soldier (Korea) and student (London, the Soviet Union). Mark retired from the State Department on April 1, 2018. Since then he has taught Chinese at Concordia College, given lectures on North Korea, been a panelist at Twin Cities Public Television, and mentored an exercise for the Army War College based on the North Korean nuclear talks. Mark is married and has four grown kids who grew up overseas, but now live in the Twin Cities. He loves cycling and has raced on four continents.

Current Affairs



The State of U.S. Diplomacy, a view from the inside.

Diplomats usually spend their lives working behind the scenes. What are these lives like? Where do they live? What's it like for spouses, kids, and pets? What is the role of locally hired colleagues? How are assignments made? How do you learn the required foreign languages? What's it like to move back to the States after living overseas for so many years? Mark and his wife, Deborah, who also worked at embassies overseas, spent more than three decades abroad, during which they raised four kids. They will talk about their experiences and answer all your questions.

Instructors: Mark Canning, Retired U.S. Diplomat and Deborah Canning

Location: Heintz Center Rm. H1100

Date(s): Thu, April 30 Time(s): 10 am-Noon Session(s): 1

Member Fee: \$15 Non-Member Fee: \$25



Mark Canning was born in Munich of American parents but grew up in Minnetonka. (His dad was the Managing Editor of the Star). After graduation from college in 1977, he went overseas and only moved back last spring. Most of those 41 years were spent with the State Department as a diplomat. He lived in, and had to study the languages of, Poland, South Africa, Zambia, the Czech Republic, Hungary, Korea, and China. He also worked as a college lecturer and radio news announcer (Taiwan), soldier (Korea) and student (London, the Soviet Union). Mark retired from the State Department on April 1, 2018. Since then he has taught Chinese at Concordia College, given lectures on North Korea, been a panelist at Twin Cities Public Television, and mentored an exercise for the Army War College based on the North Korean nuclear talks. Mark is married and has four grown kids who grew up overseas, but now live in the Twin Cities. He loves cycling and has raced on four continents.

History



Inside FDR and the National Park Service

Franklin Roosevelt had many passions and interests. One was his love of the outdoors and another was his love of history. In 1933 FDR expanded the National Park Service (NPS) mission to include not only parks and monuments but also national cemeteries, national memorials, and national military parks. Learn about Roosevelt's involvement with the NPS and resulting improvements that we still enjoy to this day. Then the program will move on to discover a potpourri of information on FDR that history classes do not normally touch on. Q & A will follow the presentation.

Instructor: Gary Stamm

Location: Heintz Center Rm. H1418

Date(s): Tue, April 28 Time(s): 1-3 pm Session(s): 1

Member Fee: \$15 Non-Member Fee: \$25



Gary Stamm has entertained and informed people from coast to coast with his portrayal of our 32nd President. His uncanny resemblance and capture of the personality of FDR coupled with his extensive knowledge of the man all team to leave audiences feeling that they have been in the presence of the individual many historians judge to be the greatest person of the twentieth century.

Community



How to Keep Your Money in the Community: Charitable Giving and the New Tax Law

Before the new tax laws went into effect in 2018, people used charitable donations to deduct from their federal tax burden. The new tax law eliminated many itemized deductions, and changed both how much federal tax you pay and what else can be deducted. Use this opportunity to learn how to legally minimize what you pay in federal taxes, keep your money local, and continue supporting the community activities you value. This workshop covers practical strategies and specific community investment tools that give back to the greater Rochester area. No prior knowledge of tax law needed.

Instructors: Jeremy Emmi and Ellen Hegge, Rochester Area Foundation, Mark Utz, Attorney

Location: Heintz Center Rm. H1415

Date(s): Tue, April 28 **Time(s):** 3:30-5 pm **Session(s):** 1

Member Fee: \$3 **Non-Member Fee:** \$5



Jeremy Emmi is the Community Impact Officer for the Rochester Area Foundation. He has worked with nonprofits for over two decades and holds a law degree from Lewis and Clark Law School.

Ellen Hegge is the Philanthropy Officer for the Rochester Area Foundation. She has worked over 15 years in the Rochester nonprofit community and understands how strategic wealth management can benefit all.

Mark Utz is a principal at the law firm Wendland Utz in Rochester, an Accredited Estate Planner via the National Association of Estate Planners & Councils, and Board Certified Real Estate Law Specialist, MSBA.

Nature and Ecology



Real Life Great Horned Owl Soap Opera

A real-life soap opera has played itself out over the past 14 years between over 25 captive and wild Great Horned Owls that have formed the basis of an in-depth vocal study on the species. You'll experience owl dating, divorce, territorial defense, and more as you learn about their wide variety of vocalizations and what they mean. Ruby the Great Horned Owl will make a live appearance in this one-of-a-kind entertaining and educational program.

Cosponsored with Rochester Community Education.



Instructor: Karla Bloem, Exec. Director, International Owl Center

Location: Heintz Center Rm. H1100

Date(s): Wed, April 29 **Time(s):** 6:30-8 pm **Session(s):** 1

Member Fee: \$10 **Non-Member Fee:** \$15

Karla Bloem is the founder and Executive Director of the International Owl Center. She acquired Alice the Great Horned Owl to use in educational programs in 1998 and began studying Great Horned Owl vocalizations in 2004. Karla is now the world authority on their vocalizations and has given presentations in The Netherlands, Germany, Argentina, Italy, Portugal and South Africa. Alice's popularity led Karla to create the International Festival of Owls, the first full-weekend, all-owl event in North America that has served as the inspiration for similar festivals in Italy, Nepal and India. Karla and Alice testified before the Minnesota House and Senate environment committees to successfully gain protection for Great Horned Owls in 2005. Karla received the Brother Theodore Voelker Award from the Minnesota Ornithologists' Union in 2001 and was awarded a Bush Leadership Fellowship in 2008. She has assisted several authors and filmmakers and has appeared on Animal Planet and the CBC's "The Secret Life of Owls."